



Community Program 7 days / 6 nights - sample itinerary



Instilling a passion for impactful community work

This 7-days, 6-nights educational tour to Siem Reap, Cambodia, may be brief, but it offers students memories to last a lifetime and lessons that will serve them into the far future. Welcoming communities in the nearby countryside embrace visitors and open their homes for meaningful cultural exchanges.

From construction projects and vegetable farming, to craft weaving and tree planting (and more!), students will directly support the creation of a better future for the people of Knapor Village, whilst acquiring practical skills along the way.

After bringing their journey here to an end, students will discover Cambodia's rich and profound history with a visit to the magnificent Angkor Wat temple (the world's largest religious monument), the Bayon temple complex, and the mesmerising Phare Circus Show.





Number of Participants: 15-30 Students

Accommodation

2

Siem Reap Somadevi Hotel (Deluxe) or similar (twin/triple shared rooms)

Phum Chan Sar Knapor Village Stay (shared house/homestay)

Number of Meals: as mentioned



Your Travel Designer

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TRIP INCLUSIONS

	The group will stay at mentioned hotel
	A single supplement will be charged if anyone wants to stay in a single room
2017 1	1 Community Project Facilitator
o つ 団	English-speaking guide with two fractions (1) 1 English-speaking guide for arrival and departure (2) 2 English-speaking guides for community service project work
	Tours and transfers as mentioned with AC vehicle
PAX	Sightseeing fees and permits during guided time
≡% TAX	Service charge and current government tax

TRIP EXCLUSIONS

- Project investment suggested from \$1,500.00 USD / group
- VISA and international flights
- \mathbb{B} Expenditure of a personal nature
- Travel insurance (compulsory)



SIEM REAP ARRIVAL

Upon arrival in Siem Reap, you will be picked up and transferred to your accommodation to check-in and relax at your own leisure.

Then, transfer to enjoy a welcome dinner at a local restaurant.

Meals: Dinner Accommodation: Somadevi Hotel (Deluxe) or similar

SIEM REAP – CHANSAR COMMUNITY VILLAGE STAY – COMMUNITY & PROJECT ORIENTATION (B,L,D)

08:00 Our guide will meet the group at the hotel, then set off by private coach to Chansar community, located 35km – or a 1h 30min journey – northeast of Siem Reap.

09:00 Halfway stop at Kchas commune, where you can try its famous bamboo sticky rice, before continuing the journey to Chansar. Here you will be staying for the next four nights (you will stay in groups of three/four in a local family's house). You will share a room and be provided with fresh sheets, blankets, pillows, and mosquito nets. There will be a clean Asian-style squat toilet and a private bathing area (no hot water). All will be explained by your guides, who will be on-hand to assist with communications and questions.

11:00 Upon arrival, welcome by community members, formal logistics check and house configurations, then check in to village stay.

12:00 Break for lunch at the community centre.

13:00 Community orientation and project background briefing, including health and safety.

14:00 Depart by coach to project site – a short 10-15 minute transfer. The group is introduced to local builders and project work begins. Tasks include digging the foundation, moving materials, brick, cement mixing and brick-lay, etc. Each step will be well explained by our local guide to ensure an effective, functioning work process.

17:00 Return back to village homestay and freshen up before dinner.

18:00 Dinner at the community centre.

20:00 Reflection session led by community facilitator/leader and chaperons.

Meals: Breakfast / Lunch / Dinner **Accommodation:** Knapor Village Stay (Shared House)



Project background briefing and community orientation guides you in gaining a deeper understanding of the local community and the Five Stages of Service-Learning (Investigation, Preparation and Planning, Action, Reflection, and Demonstration). By understanding how each stage works, you can be more effective in planning and implementing community development. The goal is to drive you to understand WHY you do what you do!



KNAPOR – COMMUNITY SERVICE PROJECT WORK – PLASTIC RECYCLING WORKSHOP – HELP LOCAL FAMILY VEGETABLE GARDEN (B,L,D)

07:00 Breakfast at community centre.

08:00 Return to project site where group continues working with local constructors on project works.

11:30 Back to village homestay to freshen up before lunch.

12:00 Lunch break at community centre.

14:00 Plastic recycling workshop in the garden of a local school.

16:00 Help local families on their vegetable farms by preparing soil, planting vegetables, watering crops, etc. Your contribution will help to lighten their workload for the day, creating time for cultural exchanges and interaction with villagers.

17:00 In the cool afternoon, return to village stay, freshen up and relax.

18:00 Dinner at community centre.

19:00 Village activity.

Meals: Breakfast / Lunch / Dinner Accommodation: Knapor Village Stay (Shared House)

KNAPOR – COMMUNITY SERVICE PROJECT WORK – TRADITIONAL CRAFT WEAVING & COOKING CLASS (B,L,D)

07:30 Breakfast at community centre.

08:00 Continue working with local constructors on project works.

11:30 Return to village stay to freshen up.

12:00 Lunch break at community centre.

14:00 In the afternoon, continue activities with traditional craft weaving, including broom making and thatch weaving.

16:30 Enjoy a cooking class with the local people in the village, where you will learn to make some Cambodian food.

18:30 Dinner at community centre.

Meals: Breakfast / Lunch / Dinner **Accommodation:** Knapor Village Stay (Shared House)



The cooking class is a great way to develop interaction and connection with local villagers and get a glimpse into age-old traditions. Here you receive insight into daily life in the village and learn how to make authentic meals. It's not for nothing that the phrase "food brings people together" exists!



KNAPOR – COMMUNITY SERVICE PROJECT WORK – TREE PLANTING, FOOTBALL FOR FRIENDSHIP – SUNSET WALKING TOUR & BBQ DINNER (B,L,D)

07:30 Breakfast at community centre.

08:00 Continue working at the project site.

11:30 Return to village stay to freshen up.

12:00 Lunch break at community centre.

14:00 Tree planting at community conservation forest.

15:00 Begin a friendship football match with Knapor High School, followed by small gift exchange, before saying goodbye.

17:00 Start a walking tour along a canal through the vivid green paddy fields. End at a bamboo hut to view a spectacular sunset over a small lake and enjoy a BBQ dinner.

19:00 Enjoy a dance by local kids in the village and traditional music played by the elders.

20:00 Back to village stay and overnight.

Meals: Breakfast / Lunch / Dinner **Accommodation:** Knapor Village Stay (Shared House)

KNAPOR – COMMUNITY SERVICE PROJECT WORK – TRADITIONAL MONK BLESSING – SIEM REAP – VISIT ANGKOR WAT TEMPLE, BAYON & PHARE CIRCUS SHOW (B,L,D)

07:30 Breakfast at community centre.

08:00 Continue working at the project site.

11:30 Return to village stay to freshen up.

12:00 Lunch break at community centre.

13:00 Time for check-out from the village stay. Receive traditional monk blessing as thanks-giving and say goodbye to the community host, and finally depart to Siem Reap.

14:00 Upon arrival, head off to explore the magnificent Angkor Wat temple, the world's largest religious monument. This visually spectacular temple is a massive three-tiered pyramid, rising 65 metres from the ground and crowned by five lotus towers. It is the national symbol of Cambodia and proudly appears on the country's flag. Visit the Bayon temple complex, before going to the hotel for check-in.

18:00 Dinner at a local restaurant.



19:15 Transfer to Phare, The Cambodian Circus. Tightrope walkers, contortionists and acrobats take to the stage for a dynamic artistic spectacle. Blending visual arts, traditional music, modern dance and classic circus skills, this sister circus set-up arose from the NGO Phare Ponleu Selpak, based in Battambang. The NGO aims to support underprivileged artists. They have toured internationally to critical acclaim, assuring an impressive and entertaining performance.

Meals: Breakfast / Lunch / Dinner **Accommodation:** Somadevi Hotel (Deluxe) or similar

SIEM REAP DEPARTURE (B)

Free time until transfer to airport for your departure flight. Meals are purchased at own expense. Rooms are checked out of at noon.

End of the trip.

Meals: Breakfast

Do you have a group of students interested in this tour or do you want to explore what we can do for your organisation in Cambodia or elsewhere?

TALK TO US TODAY!

educationaltravel@discova.com

CAMBODIA



Paulo Wai

Ð	Climate & Weather Averages in Cambodia													
Cold	Temperatures can rise up to 20 °C during the day, but can drop to 15°C or lower at night Temperatures usually between 22 °C and 32 °C Temperatures rise above 32 °C	Destination	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Hot							্লিই				Ĩ		**	**
Rain	Regular rainfall with high humidity and temperatures usually between 25 °C and 33 °C	Sihanoukville	淤	*	*	*	₩	<u>*</u>	ا ^ا المجر	₩ [*] ©	<u>*</u> *	<u>*</u> *	漛	*

The above are general indications and actual climate may vary across Cambodia's regions.

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